

# Integrative Medicine in Residency – Pediatrics



The Andrew Weil Center for Integrative Medicine at the University of Arizona, in collaboration with leading experts in integrative medicine, has developed the first of its kind, online pediatric integrative medicine curriculum designed specifically for the education of pediatric residents in training. This curriculum offers topics not typically included in conventional medical education such as nutrition, dietary supplements, mind-body medicine, environmental medicine, and more. First introduced in 2013, this program has been adopted nationally and internationally by pediatric residency programs such as Stanford University, Children’s Hospital of Philadelphia, University of Arizona, and University of Southern California, to name a few. The curriculum and resources are updated on a regular basis to reflect the ever-growing evidence that supports this field.

## Why now?

The landscape of pediatric medicine is changing, and pediatricians are dealing with more chronic illnesses and stress-related disorders that often are not fully addressed with conventional medicine treatments. Parental demand is high and new approaches for prevention and expanded treatment options are urgently needed.



## Features of IMR-Pediatrics

- 70-hours, competency-based curricula following ACGME guidelines
- 24-hour access for residents and faculty
- Blends on-line learning with experiential activities
- Full course on Resident Self-Care which addresses ACGME Section VI common program requirement for physician well-being
- Modular format allows maximum flexibility—can be used as a 4-week elective course
- Evaluation tools and exams built in to monitor progress and assess acquisition of knowledge
- For faculty:
  - Monthly joint site leadership calls
  - Annual Faculty Development Meetings in Tucson, AZ
  - On-line resource library with teaching materials, presentations, handouts

## Is your program ready to take the next step?

Please contact our business development office at [azcim-bizdev@list.arizona.edu](mailto:azcim-bizdev@list.arizona.edu)



## Pediatric Integrative Medicine

is endorsed by the American Academy of Pediatrics, and defined as healing-oriented medicine that takes account of the whole infant, child or adolescent, including all elements of lifestyle and family health. It emphasizes the powerful triad of child-family-practitioner, is informed by evidence, and makes use off all appropriate therapies.

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THE UNIVERSITY OF ARIZONA  
**Andrew Weil Center  
for Integrative Medicine**

For more information, visit: [awcim.arizona.edu/imr\\_peds](http://awcim.arizona.edu/imr_peds)