



THE UNIVERSITY OF ARIZONA

Center for
Integrative Medicine



INTEGRATIVE MEDICINE DISTINCTION TRACK



“Receiving this additional training early in their career will give UA College of Medicine students an advantage in their residency and practice, and a more comprehensive set of skills for treating and communicating with their patients.”

- Andrew Weil, MD
Director and founder

Who is eligible for the IM Distinction Track?

University of Arizona medical students who are interested in enhancing their medical training with additional experiences in integrative medicine are welcome to apply.

Why you should enroll in the IM Distinction Track?

This Distinction Track will give you the opportunity to study the philosophy and practice of integrative medicine in a meaningful and substantial way throughout your four years of medical school. Your curriculum was designed by one of the leading integrative medicine programs in the country, by internationally-recognized faculty, and the exposure to prevention- and healing-oriented medicine is an experience that will enrich your medical training.

What you will learn in the IM Distinction Track?

Students will receive an introduction to the vast set of integrative medicine modalities available for use with their patients, while working within the conventional medical system. You will learn integrative approaches to various health conditions, participate in didactic special topic sessions, complete interactive online modules, develop self-care plans, and participate in patient conferences to create treatment plans.

What is integrative medicine (IM)?

Integrative medicine is healing-oriented medicine that takes account of the whole person, including all aspects of lifestyle. It emphasizes the therapeutic relationship between practitioner and patient, is informed by evidence, and makes use of all appropriate therapies.

IM Distinction Track Requirements

	M1	M2	M3	M4
Integrative Medicine Grand Rounds	●	●	●	●
Family & Community Medicine Integrative Medicine Patient Conference	●	●	●	●
Didactic Special Topics session	●	●	●	●
IM Online Modules (60 hours total)	●	●	●	●
Healer’s Art program	●	or ●		
Integrative Medicine Elective (IMER 899Aa) or Capstone Paper/Project			● or ●	
Integrative Medicine Advanced Topics Elective (optional)				●

How your work will be recognized

This Distinction Track is designed to allow students to be academically recognized by the University of Arizona College of Medicine for their participation in integrative medicine training during medical school. This is complementary to your degree program; recognition of successful completion of the IM Distinction Track will be noted on your Dean’s Letter and transcript, and you will receive special acknowledgement during your graduation ceremony.

When you should apply

Students interested in the IM Distinction Track typically declare their intent to participate during their first or second year of medical school. The application process is a simple web form, available at www.azcim.org/distinction.



Learn more

For more information on the Distinction Track, faculty and application process, visit:

www.azcim.org/distinction

If you have additional questions please contact us at:

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