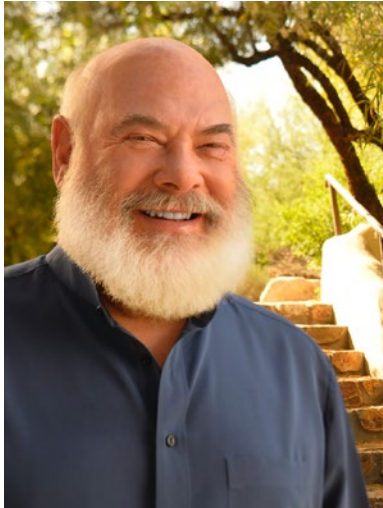




THE UNIVERSITY OF ARIZONA

## Andrew Weil Center for Integrative Medicine



### Andrew Weil, MD

Andrew Weil, MD, is a world-renowned leader and pioneer in the field of integrative medicine, a healing oriented approach to health care which encompasses body, mind and spirit.

Combining a Harvard education and a lifetime of practicing natural and preventive medicine, Dr. Weil is the founder and director of the **Andrew Weil Center for Integrative Medicine** at the University of Arizona College of Medicine – Tucson, where he also holds the Lovell-Jones Endowed Chair in Integrative Rheumatology and is a clinical professor of medicine and professor of public health. The Center is the world leader in the development and promotion of a comprehensive curriculum in integrative medicine. Graduates serve as directors of integrative medicine programs throughout the United States, and through its fellowship, the Center now is training doctors and nurse practitioners around the world.

Dr. Weil is an internationally recognized expert for his views on leading a healthy lifestyle, his philosophy of healthy aging and his critique of the future of medicine and health care.

Dr. Weil is the editorial director of the popular website, **DrWeil.com**, the founder and chairman of **The Weil Foundation** and the chairman of Weil Lifestyle. He also is a founder and co-owner of the growing group of **True Food Kitchen** restaurants. Dr. Weil writes a monthly column for *Prevention* magazine. A frequent lecturer and guest on talk shows, Dr. Weil is an internationally recognized expert on medicinal plants, alternative medicine and the reform of medical education. In partnership with Seabourn and The Onboard Spa by Steiner, his “**Spa and Wellness with Dr. Andrew Weil**” mindful-living program is offered on all of the Seabourn cruise ships.

He is the author of many scientific and popular articles and many books, including: *The Natural Mind*; *The Marriage of the Sun and Moon*; *From Chocolate to Morphine (with Winifred Rosen)*; *Health and Healing*; *Natural Health, Natural Medicine*; the international bestsellers, *Spontaneous Healing* and *8 Weeks to Optimum Health*; *Eating Well for Optimum Health: The Essential Guide to Food, Diet, and Nutrition*; *The Healthy Kitchen: Recipes for a Better Body, Life, and Spirit (with Rosie Daley)*; *Healthy Aging: A Lifelong Guide to Your Well-Being*; *Why Our Health Matters: A Vision of Medicine That Can Transform Our Future* (issued in paperback with new content as: *You Can't Afford to Get Sick*); *Spontaneous Happiness*; and *True Food: Seasonal, Sustainable, Simple, Pure*.

His recent books include *Fast Food, Good Food* (2015) and his latest book, *Mind Over Meds* (2017).

Oxford University Press currently is producing the **Weil Integrative Medicine Library**, a series of volumes for clinicians in various medical specialties; the first of these, *Integrative Oncology*, appeared in 2009. Since then, *Integrative Psychiatry*, *Integrative Pediatrics*, *Integrative Women's Health*, *Integrative Rheumatology*, *Integrative Cardiology* *Integrative Gastroenterology*, and many others have been published.