



THE UNIVERSITY OF ARIZONA

Center for
Integrative Medicine

The University of Arizona Center for Integrative Medicine

The University of Arizona Center for Integrative Medicine is leading the transformation of health care by training a new generation of health professionals and by empowering individuals and communities to optimize health and wellbeing through evidence-based, sustainable, integrative approaches.

Resource List

LOCAL

- University of Arizona Center for Integrative Medicine — www.AzCIM.org
- University of Arizona Center for Compassion Studies — www.compassioncenter.arizona.edu
- Community Food Bank of Southern Arizona — www.communityfoodbank.org
- Copper Creek Elementary - Milers Club — www.amphi.com/Page/9208
- Painted Sky Elementary - Milers Club — www.amphi.com/domain/1676
- Manzo Elementary School - Garden — www.gomanzo.com/about
- Interfaith Community Services — www.interfaithservices.org
- National Park Rx Day - Tucson — www.parkrx.org/sites/default/files/Rx%20day%20oflier.pdf
- Ben's Bells — www.bensbells.org
- YMCA's Diabetes Prevention Program — www.ymca.net/diabetes-prevention

NATIONAL

- The Environmental Working Group - Consumer Guides — www.ewg.org/consumer-guides
- National Recreation and Park Association — www.nrpa.org/grants-and-partners/recreation-and-health/park-prescriptions/
- Compassionate Schools Project — www.compassionschools.org
- Mindfulness in Schools Project — www.mindfulnessinschools.org
- Healthy Babies Bright Futures — www.hbbf.org
- 100 Million Healthier Lives — www.100mlives.org
- Edible Schoolyard Project — www.edibleschoolyard.org
- Gratefulness.org — www.gratefulness.org
- Wholesome Wave — www.wholesomewave.org
- GirlTrek — www.girltrek.org
- Park Rx — www.parkrx.org
- Charter for Compassion — www.charterforcompassion.org/index.php/communities

“If you want to get there fast—go alone. If you want to go far, go together.” —African Proverb