



THE UNIVERSITY OF ARIZONA

Andrew Weil Center
for Integrative Medicine

Integrative Health & Wellness Coaching: Class of 2021

Weekly Schedule: October 26, 2020 – April 30th, 2021

Asynchronous On your own time, but following the syllabus pace/schedule

- **Online Course Work, Assignments, and Self-Care Reports**
- **Online Dialogues – Student Questions-Pre Faculty Zoom**

Synchronous Live online participation (via Zoom) at specified dates/times

- **Zoom Trainings, Faculty-Led (Full Class – required live participation)**
- **Zoom Classes, Faculty-Led (Full Class – required live participation)**
- **Mentor-Supervised Team and Individual Sessions (mandatory live attendance)**
- **Individually scheduled events (MITIs; documented coaching hours)**

ORIENTATION Unit: October 26 - November 1, 2020 (1 Week)

Week 1: 10/26/2020

Optional: ZOOM Training/Practice

Get an introduction to using Zoom for Team practices, Faculty led trainings, and more. Look for sign up options.

Schedule: 10/26/2020-10/30/2020

Program Orientation

90 Minutes

Learn about the program, the learning platform, and expectations of our coaching students. Set up your profile and choose your payment plan. You will have an opportunity to do a Zoom practice with AWCIM staff. (We will post in the Water Cooler dialogue and email the class with date options).

Introduction to Integrative Health & Wellness Coaching

60 Minutes

Explore a history of health coaching, definitions of Integrative Health and Wellness Coaching, and where the field is headed. Learn what AWCIM's principles of integrative health coaching are that guide the training and ultimately the practice of our graduates. This overview of the integrative health and wellness coaching process shows how we break down coaching into four key stages, and within each stage, key phases.

Self-Care: Attitudes of Mindfulness

120 Minutes

Self-care assignment where you explore more deeply one of the 7 attitudes of mindfulness discussed in Introduction to IHW Coaching. **Self-Care Report Due November 15th.**

Comparing Coaching

60 Minutes

Explore differences between health consultant, educators, and coaches, as well as when it's most appropriate to "switch" roles. Learn the distinction between coaching and psychotherapy.

Coaching Relationships: Skills Overview

45 Minutes



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Reviewing the variety of skills that coaches use to help people confront difficult challenges and make significant behavior change.

OPTIONAL REVIEW: Motivational Interviewing: An Introduction

180 Minutes

This course was a pre-requisite to join the Coaching program, but we are providing this introduction course as a resource to review and refresh your knowledge of this key coaching communication skill (this is optional).

UNIT 1: November 2 - December 6, 2020 (5 Weeks)

Week 1: 11/2/2020

TEAM Zoom: Welcome & Overview

MEET ANYTIME BETWEEN **October 30th – Nov 5th, 2020**

90 Minutes - Mentor-Supervisor Schedules

Meet your Mentor-Supervisor (MS) and coaching teammates. Your MS will provide an overview of team practices, ground rules, and the importance of spending time in Stage 1, exploring values, and the Vision-MAP. Get questions answered, schedules solidified, and prepped for the first Team practice session.

Coaching: Key Theories, Concepts, and Approaches

90 Minutes

Explore key psychological and behavioral theories, communication and educational approaches that influenced Health & Wellness Coaching.

IHW Coaching Process: Stage 1

60 Minutes

Dive into Stage 1 of the Coaching process – see real video demonstrations from our coaching faculty.

Self-Care: Vision-MAP

60 Minutes

Apply the Vision-Map from Stage 1 of the Coaching process to your own life. Complete the questions. **Self-Care Report Due November 15th.**

Coaching Dialogue: Intro to IHW Coaching

Post questions ahead of time for the Zoom Class

11/2/20 - 11/5/20

ZOOM Class: Intro to IHW Coaching & Class Welcome

Rocky Crocker; Faculty and Mentor-Supervisors Invited

Friday 11/06/2020



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8:30 am – 10:30am MST

(7:30-9:30am PST/9:30-11:30am CST/10:30am-12:30pm EST; 3:30pm-5:30pm IRELAND)

120 Minutes

Director introductions, Welcome/Opening Circle: Get to know each other; Review of Coaching program expectations and Q&A around IHW Coaching.

Week 2: 11/9/2020

Reflective Listening

120 Minutes

Explore reflective listening – demonstrations and practice – to learn this important coaching communication skill.

Self-Care Report Attitudes of Mindfulness: Due November 15th

Self-Care Report Vision-MAP: Due November 15th

Team Coaching Practice 1 (instructions)

30 Minutes

Review the instructions to prepare for your upcoming Team Coaching Practice session. You must be on track with the program syllabus to participate. Participation is required.

Coaching Dialogue: *Influences on Coaching and the Role of the Coach*

11/10/2020 - 11/12/2020 **Questions for the Zoom Class**

ZOOM Class: *Influences on Coaching and the Role of the Coach*

Meg Jordan; Karen Gregory-Mercado

Friday 11/13/2020

9am - 10:00am MST (8-9am PST/10-11 am CST/11am-12pm EST; 4pm-5pm IRELAND)

60 Minutes

Dive deeper with faculty into the course topics: Comparing Coaching, Coaching Relationship: Skills Overview, Key Theories, Concepts and Approaches. Get your questions answered. Join in on faculty-led discussions with classmates.

Week 3: 11/16/2020

Coaching Process: Stage 2

75 Minutes

Learn about and see video demonstrations of Stage 2 in IHW Coaching.

Self-Care: Core Areas of Health

60 Minutes



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Explore your 7 Core Areas of Health - scoring satisfaction from 1-10 and consider what area you'd want to focus on to make a change. This is prep work for your Team Practice for Stage 2.

Self-Care Report Due November 29th.

Case Study Liz: Stage 1 & 2

75 Minutes

Watch David Rychener demonstrate with coaching partner, Liz – Stage 1 and Stage 2 in IHW Coaching.

Case Study Susan: Stage 1 & 2

75 Minutes

See more video demonstrations of faculty with coaching partner, Susan – Stage 1 and Stage 2 in IHW Coaching.

Zoom Class: Record Keeping: Confidentiality, Note taking, and Note keeping

Kathy Welshman & Paul Bokker

Friday 11/20/2020

9am - 10am MST (8-9am PST/10-11 am CST/11am-12pm EST; 4pm-5pm IRELAND)

60 Minutes

Learn about and discuss best practices for record keeping in various scenarios, including understanding around confidentiality, securing files, and keeping strong session notes in your coaching practice. Get your questions answered. Join in on faculty-led discussions with classmates.

Week 4: 11/23/2020

Short week: THANKSGIVING - Thursday Nov 26th

Coaching Process: Stage 3

120 Minutes

Learn about Stage 3 in IHW Coaching and watch David Rychener continue working with coaching partners, Liz and Susan to create SMART goals and action plans.

Coaching Process: Stage 4

135 Minutes

Learn about Stage 4 in IHW Coaching and watch David Rychener continue working with coaching partners, Liz and Susan, in a follow-up where they talk about how they did with their actions steps.

Week 5: 11/30/2020



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Zoom Training: Health Coach Process - Part 1

David Rychener; Mentor-Supervisor Support

Monday 11/30/20

8:30 am – 10:30am MST

(7:30-9:30am PST/9:30-11:30am CST/10:30am-12:30pm EST; 3:30pm-5:30pm IRELAND)

120 Minutes

Review Coaching process and dive into Stage 1 and Stage 2. Watch a faculty demo and practice Stage 1 with subset of classmates and a mentor-supervisor in Breakout rooms.

TEAM PRACTICE STAGE 1: Vision-MAP

Anytime between: **11/30/2020 - 12/6/2020**

180 Minutes

Mentor-Supervised Team Practice. Explore the Vision-MAP elements of Stage 1 through practice, observation, and partnering. Related online self-reflection assignment due within 24 hours post practice. Review online written feedback from Mentor-Supervisor post practice within 48-36 hours.

Team Coaching Practice 2 (instructions)

15 Minutes

Review the instructions to prepare for your upcoming Team Coaching Practice session. You must be on track with the program syllabus to participate. Participation is required.

UNIT 2: December 7 - January 17, 2021 (5 Weeks)

Week 1: 12/7/2020

MITI 1

30 Minutes

Review instructions to be prepared. Schedule during provided times. MITI 1 will be an initial measurement of your motivational interviewing proficiency level. Facilitate a conversation with a partner about a behavior change they want to make but are struggling with a bit.

Schedule: 12/10/2020 - 12/11/20

Coaching Skills: Sustain & Change Talk

240 Minutes

Learn about and practice a core element of motivational interviewing, recognizing sustain talk and moving a person towards change talk. This strategy supports behavior change planning and action.

Coaching Skills: Affirmations

105 Minutes

Learn about and practice the strategy of affirmations as a tool to push for change talk, reinforce or call attention to a person's strengths.



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TEAM PRACTICE STAGE 2: Core Areas of Health & Wellbeing

Anytime between: **12/7/2020 - 12/22/2020 (not in conflict with MI Zoom Training)**

180 Minutes

Mentor-Supervised Team Practice. Explore Stage 2 – Core Areas of Health through practice, observation, and partnering. Related self-reflection assignment and Written Feedback from Mentor-Supervisor

Coaching Dialogue: *Motivational Interviewing Techniques*
12/7/2020 - 12/11/2020 **Questions for the Zoom Training**

Week 2: 12/14/2020

Zoom Training: MI Strategies -advanced practice PART 1

Robert Rhode

Monday 12/14/2020

8:30am – 10:30am MST

(7:30-9:30am PST/9:30-11:30am CST/10:30am-12:30pm EST; 3:30pm-5:30pm IRELAND)

120 Minutes

30 Minutes Lecture Review: MI in Coaching; Simple Reflections; 20 Minutes DEMO: Sustain & Change Talk; 50 minutes, round robin breakout practice groups - faculty feedback, 20 Minutes Discussion and Q&A;

Zoom Training: MI Strategies - advanced practice PART 2

Robert Rhode

Tuesday 12/15/2020

8:30am – 10:30am MST

(7:30-9:30am PST/9:30-11:30am CST/10:30am-12:30pm EST; 3:30pm-5:30pm IRELAND)

120 Minutes

30 Minutes: Lecture Intro Complex Reflections, 15 Minute Demo, 45 Minute Student Practice (faculty observed); 30 Minute Discussion and Q&A

Week 3: 12/21/2020

Zoom Class: SMART Goals vs Action Steps

Priscilla Abercrombie & Betsy Harrison

Monday 12/21/2020

10am – 11am MST (9-10am PST/11am – 12pm CST/12-1pm EST; 5-6pm IRELAND)

60 Minutes

Deep dive in differentiating goals from action steps, SMART process, and Behavior Change vs Outcome goals. Discussion and Q&A.



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Coaching Strategies: Complex Reflections

150 Minutes

Simple reflections might include paraphrasing what the client has said or guessing how the client might answer a closed question. Complex reflections go beyond what the client has said. Review examples, practice with various cases, and get faculty input on applying Complex Reflections within your coaching sessions.

Winter BREAK Dec 24 - Jan 3 – Happy New Year!

Week 4: 1/4/2021

TEAM PRACTICE STAGE 3: SMART Goal & Action Steps

Anytime between: 1/4/2021 – 1/10/2021 (not in conflict with Rychener's Zoom Trainings PT 1)

180 Minutes

Mentor-Supervised Team Practice. Explore Stage 3 – SMART Goals & Action Steps through practice, observation, and partnering. Related self-reflection assignment and Written Feedback from Mentor-Supervisor

Zoom Training: Health Coach Process - Putting it all together (Stage 1, 2, and 3)

David Rychener, Mentor-Supervisor Support

Friday 1/8/21

9:30am -12:30pm MST

(8:30-11:30am PST/10:30am-1:30pm CST/11:30am-2:30pm EST; 4:30pm-7:30pm IRELAND)

180 Minutes

Practice Stages 1, 2, 3 - Breakout Groups – Student A and B practice.

Week 5: 1/11/2021

Self-Care: SMART Goal and Action Steps

60 Minutes

After being coached through Stage 3 during your Team Practice and Class Zoom Training, work through the provided documents to be sure you have a SMART Goal, action steps, accountability, and contingency plan. Complete the questions. **Self-Care Report Due January 17th.**

Zoom Training: Health Coach Process - Part 2 (putting it all together) Con't

David Rychener, Mentor-Supervisor Support

Monday 1/11/21

9:30am -12:30pm MST

(8:30-11:30am PST/10:30am-1:30pm CST/11:30am-2:30pm EST; 4:30pm-7:30pm IRELAND)

180 Minutes

Practice Stages 1, 2, 3 - Breakout Groups – Student C and D practice.



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Zoom Class: Stage 4 - Lessons Learned

David Rychener & Paul Bokker

Friday 1/15/21

9am - 10am MST

(8-9am PST/10 – 11am CST/11am-12pm EST; 4-5pm IRELAND)

60 Minutes

Working through the slow progress, missed action steps, and recurring barriers with partners. Return and Revisit Stage 1 - Revisit the SMART Goal. Dig Into Lessons Learned.

1:1 Coaching Practice Instructions- supervised and documented hours

15 Minutes

Get detailed instructions on how mentor-supervised 1:1 sessions will be run, expectations for students to get volunteer practice partners, waiver forms, and rules around submitting coaching practice hours for AWCIM and related to NBHWC requirements. Students are to recruit coaching partners and have them complete waiver paperwork, and establish them in the client submission section online **BEFORE January 25, 2021**.

UNIT 3: January 18 – March 28, 2021 (10 Weeks)

Week 1: 1/18/2021

Zoom Training: Advanced Mind-Body Tools for Coaching

Meg Jordan

Monday 1/18/2021

9:00am – 11:00am MST(8-10am PST/10am – 12pm CST/11am-1pm EST; 4-6pm IRELAND)

120 Minutes

Lecture, Demo, Practice, Q&A: How to use tools like guided imagery, breathwork, and meditation within a Coaching session.

Case Study: Follow-ups

120 Minutes

Revisit Liz and Susan Jane, as David Rychener continues the coaching sessions. See what the third session with each of these coaching partners reveals about coaching follow-ups.

Team Practice Stage 4 - Prep (instructions only)

15 Minutes



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Review instructions in preparation for Coaching Team practice for stage 4 – follow-up. Discuss action step progress, lessons learned, explore if Goal is still important and work on revised or new action steps to take.

Faculty Training: *Closing a Coaching Relationship*

Kathy Welshman & Paul Bokker

Friday 1/22/2021

9am - 10am MST (8-9am PST/10 – 11am CST/11am-12pm EST; 4-5pm IRELAND)

60 Minutes

Lecture, Demo, Practice, Q&A: When should a coaching relationship close? How can you set expectations from the start? Questions to ask (celebrations, what will success look like)? Maintenance plan and relapse prevention.

Week 2: 1/25/2021

Peer Practice Prep (instructions)

15 Minutes

Review the instructions for required non-supervised, peer coaching practice in groups of 3 or 4. Any students may practice together from the class. There is a related written assignment.

PRACTICAL SKILLS ASSESSMENT

Mentor-Supervised 1:1 – Initial Session 1 – Client 1

Anytime between: 1/25/2021 - 2/01/2021

90 Minutes

Each student will complete an initial 60-75 minute coaching session with their volunteer. Mentor-supervisor will observe and afterwards provide the student with 15-30 minutes mentor feedback. Student is expected to work through Stage 1, 2, and 3 during this session. First time session with this volunteer. Related self-reflection assignment and Written Feedback from Mentor-Supervisor

TEAM PRACTICE STAGE 4: Follow-Up 1

Anytime between: 1/25/2021 - 2/01/2021

180 Minutes

Mentor-Supervised Team Practice. Explore Stage 4 – Follow-up through practice, observation, and partnering. Related self-reflection assignment and Written Feedback from Mentor-Supervisor.

Week 3: 2/1/2021

Zoom Training: *Navigating Emotional Waters*

Meg Jordan



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Monday 2/1/2021

9:00am – 11:00am MST (8-10am PST/10am – 12pm CST/11am-1pm EST; 4-6pm IRELAND)

120 Minutes

Lecture, Demo, Practice, Q&A: Emotions are everywhere. How do they support us, how do they impact others. What are the various approaches to coaching partners displaying a variety of emotions and at varied levels. Learn about setting boundaries and also to become comfortable in the discomfort of emotion.

Self-Care Report: Action Steps Progress: Due Feb 7

Based on your last Team Practice report on your action step plan and progress.

Peer Practice 1

Anytime Between 2/1/2021 - 2/7/2021

120 Minutes

Students establish a 2-hour practice session in groups of 3 or 4. Related online written assignment. Triads or Pairs- practice 2 hours - stage 4 - progress towards SMART goal, reassess and adapt plan as needed.

Coaching Practices: Professional Standards, Ethics, & Scope of Practice

30 Minutes

Explore the current state of the development of professional standards and discuss a reasonable starting place as you move forward in becoming an integrative health or wellness coach.

Coaching Dialogue: *Professional Standards, Ethics, & Scope of Practice*

12/14/2020 - 12/21/2020 **Questions for the Zoom Class**

Week 4: 2/8/2021

PRACTICAL SKILLS ASSESSMENT

Mentor-Supervised 1:1 – Initial Session 2, Client 2

Anytime between: 2/8/2021 - 2/14/2021

(90 Minutes)

Each student will complete an initial 60-75 minute coaching session with their volunteer. Mentor-supervisor will observe and afterwards provide the student with 15-30 minutes mentor feedback. Student is expected to work through Stage 1, 2, and 3 during this session. First time session with this volunteer. Related self-reflection assignment and Written Feedback from Mentor-Supervisor.

TEAM PRACTICE STAGE 4: Follow-Up 2

Anytime between: 2/8/2021 - 2/14/2021

180 Minutes



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Mentor-Supervised Team Practice. Second follow-up through practice, observation, and partnering. Check in on action steps/progress on SMART Goal. Lessons Learned, Celebrations, Next Steps. Related self-reflection assignment and Written Feedback from Mentor-Supervisor

Week 5: 2/15/2021

Peer Practice 2

Anytime Between 2/15/2021 - 2/21/2021

120 Minutes

Students establish a 2-hour practice session in groups of 3 or 4. Related online written assignment. Triads or Pairs- practice 2 hours - stage 4 - progress towards SMART goal, reassess and adapt plan as needed.

Self-Care Report: Action Steps Progress: Due Feb 21

Based on your last Team Practice report on your action step plan and progress.

PRACTICAL SKILLS ASSESSMENT

Mentor-Supervised 1:1 – Follow-up Session 1, Client 1

Anytime between: 2/15/2021 - 2/21/2021

60 Minutes

Each student will facilitate a 45-minute coaching session with their volunteer Client 1. Mentor-supervisor will observe and afterwards provide the student with 15 minutes mentor feedback. Student is expected to engage in Stage 4 during this session, as their initial session worked through the first three stages. Related self-reflection assignment and Written Feedback from Mentor-Supervisor

Zoom Class: Ethics, Professional Standards & Scope of Practice discussion

Rocky Crocker

Friday 2/19/2021

8:30am – 9:30am MST (7:30-8:30am PST/9:30– 10:30am CST/10:30-11:30am EST; 3:30-4:30pm IRELAND)

60 Minutes

Dive into questions around licensure, scope of practice, NBHWC certification, insurance/liability, etc. Based on completion of the online course.

Non-supervised 1:1 Coaching Client Hours

MAX 5 Documented Hours Submitted

Student hours may not be submitted towards AWCIM certification unless passing score received for first two **PRACTICAL SKILLS ASSESSMENTS.**

Week 6: 2/22/2021



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Zoom Training: Professional Panel and Business Discussion

Rocky Crocker; Priscilla Abercrombie; Paul Bokker; Kathy Welshman; Betsy Harrison; Candace Gregory

Monday 2/22/2021

9:00am – 11:30am MST

(8:00-10:30am PST/10:00am-12:30pm CST/11:00am-1:30pm EST; 4:00pm-6:30pm IRELAND)

150 Minutes

Get an overview of the field of HW Coaching and issues around scope of practice, hear from a variety of business models for coaching, the challenges and rewards, and panel Q&A.

PRACTICAL SKILLS ASSESSMENT

Mentor-Supervised 1:1 – Follow-up Session 1, Client 2

Anytime between: 2/22/2021 - 2/28/2021

60 Minutes

Each student will facilitate a 45-minute coaching session with their volunteer Client 2. Mentor-supervisor will observe and afterwards provide the student with 15 minutes mentor feedback. Student is expected to engage in Stage 4 during this session, as their initial session worked through the first three stages. Related self-reflection assignment and Written Feedback from Mentor-Supervisor

Non-supervised 1:1 Coaching Client Hours

MAX 5 Documented Hours Submitted

Student hours may not be submitted towards AWCIM certification unless passing score received for first two **PRACTICAL SKILLS ASSESSMENTS.**

Week 7: 3/1/2021

Zoom Training: Group Coaching – An Introduction

David Rychener; Support TBD

Monday 3/1/2021

8:30am – 10:00am MST (7:30-9:00am PST/9:30am-11:00am CST/10:30-12:00pm EST; 3:30pm-5:00pm IRELAND)

90 Minutes

What is Group Coaching? What are the pros/cons of this delivery method? What are the unique skills and techniques to implement in Group Coaching? Get an introduction to Group Coaching from David Rychener.

Peer Practice 3

Anytime Between 3/1/2021 - 3/7/2021

120 Minutes

Students establish a 2-hour practice session in groups of 3 or 4. Related online written assignment. Triads or Pairs- practice 2 hours - stage 4 - progress towards SMART goal, reassess and adapt plan as needed.



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Non-supervised 1:1 Coaching Client Hours

MAX 5 Documented Hours Submitted

Week 8: 3/8/2021

Zoom Training: Group Coaching Facilitation

Priscilla Abercrombie & Kathy Welshman

Monday 3/8/21

10am – 11:30am MST (9:00-10:30am PST/11:00am-12:30pm CST/12-1:30pm EST; 5:00pm-6:30pm IRELAND)

90 Minutes

Facilitation skills and practice opportunities

Zoom Training: Group Coaching Practice

David Rychener; Support TBD

Friday 3/12/2021

8:30am – 10:30am MST

(7:30-9:30am PST/9:30-11:30am CST/10:30am-12:30pm EST; 3:30pm-5:30pm IRELAND)

120 Minutes

Coaching a Group Break Out Practice

Self-Care Report: Action Steps Progress: Due Mar 14

Based on your Peer Practices, revisit your SMART goal, and report on your action step plan and progress.

Grad Project Prep (instructions)

15 Minutes

Review the instructions for required graduation project. Documented coaching sessions with one client over time.

Non-supervised 1:1 Coaching Client Hours

MAX 5 Documented Hours Submitted

Week 9: 3/15/2021

Zoom Training: Group Coaching Practice 2

David Rychener; Support TBD

Monday 3/15/2021

9:30am – 11:30am MST/PDT* (Daylight Savings accounted for)

(9:30-11:30am PDT/10:30am-12:30pm MDT/11:30am-1:30pm CDT/12:30-2:30pm EST; 4:30pm-6:30pm IRELAND)

120 Minutes

Coaching a Group Break Out Practice



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Zoom Training: Group Coaching – Wrap-up, Q&A

David Rychener; Support TBD

Friday 3/19/2021

9:00am – 10:00am MST/PDT* (Daylight Savings accounted for)
(9-10am PDT/10-11am MDT/11am-12pm CDT/12-1pm EST; 4pm-5pm IRELAND)

60 Minutes

Wrap up discussion on Group Coaching, Practice experience, Q&A, and Design your own Group Coaching practice activity.

Non-supervised 1:1 Coaching Client Hours

MAX 5 Documented Hours Submitted

Week 10: 3/22/2021

Self-Care Wrap-up

60 Minutes

Take a look back at your experience making healthy behavior change towards meeting your SMART goal during the last part of this program. Reflect, evaluate, and then share a report.

Self-Care Report Due April 4th, 2021.

PRACTICAL SKILLS ASSESSMENT

Mentor-Supervised 1:1 – FINAL Follow-up Session, Client 1 OR 2

Anytime between: 3/15/2021 - 3/28/2021

60 Minutes

Each student will facilitate a 45-minute coaching session with their volunteer Client 1 or 2. Mentor-supervisor will observe and afterwards provide the student with 15 minutes mentor feedback. Student is expected to engage in Stage 4 during this session, as their initial session worked through the first three stages. Related self-reflection assignment and Written Feedback from Mentor-Supervisor. **Final PASSING Score Required for Graduation.**

Non-supervised 1:1 Coaching Client Hours

MAX 5 Documented Hours Submitted

UNIT 4: March 29 - April 26, 2020 (4 Weeks)

Week 1: 3/29/2021

PRACTICAL SKILLS ASSESSMENT

MITI 2

30 Minutes

Review instructions to be prepared. Schedule during provided times. MITI 12 will measure your motivational interviewing proficiency level. Facilitate a conversation with a partner about a behavior change they want to make



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but are struggling with a bit. **Passing Score of 74% Required to Graduate.**
Schedule: 3/29/2021 - 4/12/21

Self-Care Report: Wrap-up Reflections Due April 4th, 2021.

PRACTICAL SKILLS ASSESSMENT

LIVE EVAL: NEW SUPERVISOR - Initial Session, AWCIM Client Volunteer provided

Anytime between: 3/29/2021 - 4/12/2021

75 Minutes

Each student will facilitate a 60-75-minute coaching session with their volunteer. A non-Team Mentor-supervisor will observe and afterwards score the student's competency. Written Feedback from Mentor-Supervisor. **Final PASSING Score Required for Graduation.**

Non-supervised 1:1 Coaching Client Hours

MAX 5 Documented Hours Submitted

Week 2: 4/5/2021

Graduation Project Due April 11, 2021

Final PASSING Score Required for Graduation.

Non-supervised 1:1 Coaching Client Hours

MAX 5 Documented Hours Submitted

Week 3: 4/12/2021

Online Program Evaluation Due April 18, 2021

Final Exam Study Guide Released

Non-supervised 1:1 Coaching Client Hours

MAX 5 Documented Hours Submitted

Week 4: 4/19/2021

Final Exam – Complete in one sitting by 4/25/2021

Final Score of 70% or better Required for Graduation.

Non-supervised 1:1 Coaching Client Hours

MAX 5 Documented Hours Submitted

Program Wrap-up: 4/26/2021



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Zoom Class: Program Wrap-up and Closing Ceremony

Rocky Crocker; Open to Mentor-Supervisors and Faculty

Friday 4/30/2021

9:00am – 11:00am MST/PDT* (Daylight Savings accounted for)

(9-11am PDT/10am-12pm MDT/11am-1pm CDT/12-2pm EST; 5pm-7pm IRELAND)

120 Minutes

Join us to celebrate your accomplishments, talk about becoming coaching alumni, certification, and participate in a closing ceremony.

Non-supervised 1:1 Coaching Client Hours

MAX 5 Documented Hours Submitted