

Fellowship in Integrative Medicine Overview

2024 Spring

unit 1	January 31 - March 6, 2022 Introduction to IM • Clinician Wellbeing • Motivational Interviewing • Medical Informatics • Case Study Pat	year one
unit 2	March 7 - April 17, 2022 Introduction to Nutrition • Phytonutrients • Anti-Inflammatory Diet* • Microbiome <i>*RESIDENTIAL WEEK - March 27 - 31, 2022</i>	
unit 3	April 18 - June 12, 2022 Mind-Body: Foundations • Mind-Body: Modalities • Mind-Body: Clinical Applications • Spirituality & Health Care • Integrative Sleep Health	
unit 4	June 13 - August 14, 2022 Botanical Medicine Foundations • Micronutrients & Supplements: An Intro • Vitamins • Minerals • Common Dietary Supplements • Micronutrients Review: Putting it All Together • NMBD Assignment • MBSR	
unit 5	August 15 - October 2, 2022 Whole Systems Intro • Homeopathy • Traditional Chinese Medicine or Ayurveda • ICS: Whole Systems • Energy Medicine (Intro & Deeper Studies) • Life-Enhancing Environments • MBSR	
unit 6	October 3 - November 27, 2022 Environmental Medicine* • Intro to Integrative Mental Health* • ICS: Mental Health • Physical Activity • Topics in Obesity* <i>Mentorship Program Begins</i>	
unit 7	November 28, 2022 - January 29, 2023 Integrative Rheumatology • Integrative Pain Management Series* • Manual Medicine	
unit 8	January 30 - April 2, 2023 Integrative Medicine Business • Legal Issues • Functional Medicine • Perioperative Care <i>February 26 - March 2, 2023</i>	year two
unit 9	April 3 - June 4, 2023 Integrative Cardiology* • Integrative Diabetes • Immunizations	
unit 10	June 5 - August 6, 2023 Integrative Gastroenterology • Integrative Respiratory Health • Integrative Dermatology • Women's Health <i>IM Consultation DUE - June 26 - September 4, 2023</i>	
unit 11	August 7 - September 10, 2023 Introduction to Integrative Oncology* • Nutrition & Cancer* <i>IM Consultation DUE</i>	
unit 12	September 11 - October 15, 2023 Breast Cancer* • Prostate Cancer • Aromatherapy I • Aromatherapy II • Men's Health • Contemplative Care <i>Mentorship Program Ends</i>	
unit 13	October 16 - December 10, 2023 Neurology: Health Brain Aging • Integrative Neurology: Adult Focus • Integrative Neurology: Pediatric Focus • Smoking Cessation • Healing Spaces	
FINAL EXAM	December 11, 2023 - January 7, 2024 Final Exam Study Guide	January 8 - 28, 2024 Final Exam
GRADUATION ~ *RESIDENTIAL WEEK - TBD February 2024		

To receive graduation certificate, all requirements must be met by January 28.

90-day post-Fellowship access begins on February 8, 2024

* CME Credit Available

Schedule subject to change.



THE UNIVERSITY OF ARIZONA

Andrew Weil Center
for Integrative Medicine